



*Reformed Church in America
Following Christ in Mission*

A Spiritual Retreat: Encouraging the nurture of a listening heart

March 6-8, 2012

Linwood Spiritual Center, Rhinebeck, New York

Retreat guides:

Ellen Ratmeyer, ordained Elder, and Spiritual Director

Ella Campbell, ordained Elder, and Spiritual Director

Arlene Wilhelm, Minister of Word and Sacrament and Spiritual Director

**Cost: \$150.00 per person,
includes \$50 non-refundable deposit
meals Tuesday lunch through Thursday lunch
single occupancy lodging and program
(commuter rates available)**

To retreat is to step outside of our normal lives in order to reflect on where we have been and where we might be going; to catch a glimpse of how we might live differently; and to listen for the still, small voice of God that still whispers throughout the land. Using a variety of contemplative prayer practices we will nurture our desire for prayer, with a gracious rhythm of silence and sound, stillness and movement. Individual Spiritual Direction will be provided.

Rest will be honored...Renewal encouraged

Arrive at Linwood Spiritual Center after 10:00 am (in time for lunch at noon) on Tuesday, March 6, 2012. The retreat ends after lunch on Thursday, March 8, 2012.

To register, complete the attached form and mail to Linwood Spiritual Center, 50 Linwood Road, Rhinebeck, NY 12572 along with \$50 deposit (balance to be paid on arrival). ***Deadline to register is February 23, 2012 (registration is limited)***

For more information on special commuter rates, contact:

Arlene Wilhelm, sophiaarw@yahoo.com, 845-240-1690

For directions, check out Linwood Spiritual Center website:
<http://linwoodspiritualctr.org/>

REGISTRATION FORM

A SPIRITUAL RETREAT:

ENCOURAGING THE NATURE OF A LISTENING HEART

March 6-8, 2012

Please register me for the March 6-8, 2012 Spiritual Retreat. Enclosed is my check in the amount of **\$50.00** (non-refundable/non-transferable deposit). Balance to be paid on arrival.

Make check payable to LINWOOD SPIRITUAL CENTER

NAME _____
(Last Name) (First Name)

Church _____

ADDRESS _____
(Street) (City/Town) (State/Zip)

PHONE: Day _____ Night _____

E-Mail _____

Program Title A Spiritual Retreat: Encouraging the Nature of a Listening Heart

Date: March 6-8, 2012 Deposit \$50.00

RETURN FORM TO: **Linwood Spiritual Center**
no later than February 23 to: **50 Linwood Road**
Rhinebeck, NY 12572

For inquiries regarding reservations contact:
Rose Anne Boyle, Administrative Assistant
Linwood Spiritual Center
(845) 876-4178 Ext. 301 or fax (845) 876-1920
Office hours: Monday – Friday 9:30 am – 4:00 pm

For directions to Linwood Spiritual Center: <http://linwoodspiritualctr.org/>